



CENTRAL NEW YORK REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL, INC.

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## Lopressor Fact Sheet

**Brand name: METOPROLOL**  
**Generic name: LOPRESSOR**

**Classification:** Antiarrhythmic

**Description:** Beta-adrenergic Blocking Agent

**Mechanism of Action:** Reduces heart rate and cardiac output at rest and during exercise; lowers both supine and standing BP; slows sinus rate and decreases myocardial automaticity.

**Indications:** Stable Narrow Complex Tachycardias

**Contraindications:** Known hypersensitivity; 2nd or 3rd degree heart block; Bradycardia; Systolic BP < 100 mmHg; Significant 1st degree block (PR > 0.24 sec); Moderate to severe Cardiac Failure.

**Side Effects:** Bradyarrhythmias; bronchospasm; cardiac failure; confusion; dizziness; headache; hypotension; visual disturbances

**Dose:** 5 mg in 50 ml NS over 5-10 min; Repeat in 5 minutes x 1 as needed